## Dr. Amit Sahasrabudhe



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To Whom It May Concern:

I had an opportunity to review the hip / pelvis chapter in the ODG Guidelines.

In general I am of the opinion that this chapter will improve treatment for injured works, provided the guidelines are actually followed by treating providers and some responsibility is borne by injured workers for their comorbidities. For example, a hip arthroplasty should be considered in individuals over 50 (except in those with shattered hips) AND a BMI of less than 35. All too often, the injured worker undergoes the hip replacement even if their BMI is greater than 35, and the outcome is poor. The treating physician and injured worker rationale is that weight loss if not possible because the hip hurts. The reality is that the weight gain occurred over years, and is attributed to lack of exercise and poor diet. This can be dealt with by motivated patients. If the criteria are ignored, the outcomes will continue to be poor.

In general I am also of the opinion that the guidelines in this chapter adequately covers the body parts / conditions associated with hip and pelvis conditions.

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