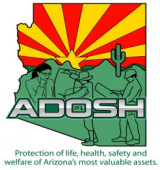




ADOSH ADVOCATE



Quarterly Newsletter—Volume 3

July—September 2019



The ICA Visits Show Low and Pinetop-Lakeside

In 2016 the Industrial Commission of Arizona (ICA) started a tradition of holding a Commission meeting outside of Maricopa County once a quarter. The Commissioners and the Director of the ICA, James Ashley, believe wholeheartedly that meeting stake-holders face-to-face, answering their questions, and addressing their concerns is not only beneficial to stakeholders but also to the Commission which continuously works to reduce workplace injuries and improve collaboration.

This quarter the Commissioners traveled to Show Low and Pinetop-Lakeside.

On Wednesday, May 16, the Commission's Vice-Chairman, Joseph Hennelly, and the ICA Director toured the Show Low Wastewater Treatment Facility. The facility was recently renovated and treats 1,000,000 gallons of water a day. The Commission was guided through the treatment facility and shown the wastewater treatment process.

Later that day, Commissioner LeMarr joined the Vice-Chair and the Director at a meeting with Show Low Mayor, Daryl Seymore, and members of the Show Low City Council. The discussion touched on the OSHA Industry Trucks Standards, the ICA's consultative services, ADOSH's Partnership programs (specifically PEPP), and other ways the ICA could be of assistance to employers, employees, and the city of Show Low.

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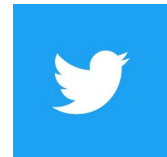
Contact Information

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Be sure to follow us on

Twitter and Facebook!



@IndCommAZ



Industrial Commission of Arizona

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- ADOSH Partnership Programs
- ADOSH FAQs
- Training Calendar
- Fatality Update
- ADOSH Partner Events



The ICA tours the Show Low Wastewater Treatment Facility

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The next morning the Industrial Commission of Arizona toured the Navopache Electric Cooperative in Pinetop-Lakeside. Navopache was founded in 1964 and serves over 33,000 members in Arizona and New Mexico. The Commission toured the Navopache dispatch station, repair shop, and their new and efficient warehouse.

Following the tour of Navopache Electric the Commissioners met with the Pinetop-Lakeside Chamber of Commerce, Mayor Stephanie Irwin, and the City Council for lunch. The ICA Director spoke about the importance of working collaboratively with businesses and local governments to increase workplace safety and stop injuries before they occur. The



conversation also touched on the responsibilities of the ICA including the Claims Division, the Special Fund, the Labor Department, and the role of the Medical Resource Office.

After the meeting with the Pinetop-Lakeside Chamber of Commerce and City Council the Commissioners held their commission meeting at the Pinetop-Lakeside Town Hall. In the audience the Commissioners were joined by members of the City Council and the City Manager.



ICA Commissioners and staff at the Pinetop-Lakeside City Hall with Pinetop-Lakeside City Council Members and the City Manager.

Excavation Awareness

Excavation work is vital for the current and future infrastructure of Arizona. While utilities are often placed under ground they do not last forever. From time to time an employer or a subcontractor has to make repairs to damaged systems - they replace damaged water lines, sewer lines, communication lines, or gas lines.

ADOSH would like to remind all involved with existing and future utilities about the dangers of excavation work. Ensure that staff working in excavated areas are fully trained. Below is a list of helpful tips to consider when starting your project:

- All excavations or trenches require a means of access and egress when 4' deep.
- All excavations or trenches require a protective system.
- All excavations or trenches require a competent person to conduct at least one visual and manual test.
- All employees working in an excavation or trench require training.
- All excavations or trenches 20' deep or greater require a protective system designed by a registered engineer or based on tabulated data approved by a registered engineer.
- Spoil piles are required to be placed 2' away from the excavation or trench.
- Contact Arizona 811 before you dig any excavation or trench.



Excavation work.

Photos Received by ADOSH

We at ADOSH receive many photos of non-compliance with the OSHA standards. They are submitted to help educate everyone on hazards in plain sight.



The first photo deals with unguarded sprockets and unguarded in-going nip points on a mixer.



The second photo is of an employee using the bucket of a bobcat to trim a palm tree.



Everyone Has Questions About Safety

Routinely ADOSH Consultation receives calls or questions regarding the OSHA standards and how ADOSH interprets them. We at ADOSH felt that this was a good time to cover some of the most common questions received to ensure that everyone is on the same page:

Am I required to maintain the OSHA 300 Injury and Illness Record-keeping Log and 300 A Summary Form?

First, all employers with 10 or fewer full-time employees at any time during the last calendar year are not required to maintain the injury and illness logs unless OSHA or the BLS informs you in writing that you must keep records under 1904.41 or 1904.42.

Secondly, some employers with more than 10 full-time employees are partially exempt from recordkeeping because of their industry classification. OSHA uses what is called the NAICS (North American Industry Classification System) to classify what an employer does. NAICS codes (retail, service, finance, insurance and real estate) that are considered to have low hazard/low injury and illness rates by OSHA/Bureau of Labor Statistics are not required to maintain the injury and illness logs. From time to time the list of exempt NAICS codes change. The codes can be found at www.osha.gov under the "For Employers tab/Recordkeeping Requirements." If you have more than 10 full-time employees and your NAICS code is not partially exempt you have to maintain the 300, 300A and the 301 forms. Even if a company is exempt from the OSHA recordkeeping requirements I would recommend that the employer do so to track and analyze injury and/or illness trends.

Do I have to record an exposure to blood or other potentially infectious material?

Only if you are required to maintain the OSHA Injury and Illness Logs and the exposure results in the diagnosis of a bloodborne illness such as HIV, Hepatitis B or Hepatitis C or it meets one or more of the recording criteria of 1904.7.

Am I required to maintain a "sharps" injury log?

The requirement to establish and maintain a "sharps" injury log shall apply to any employer who is required to maintain a log of occupational injuries and illnesses under 29 CFR 1904.

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ADOSH Frequently Asked Questions

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Am I required to have a flammables storage cabinet?

An employer may be required to store flammable liquids in a flammables storage cabinet based on the authority having jurisdiction, i.e. Fire Marshall or local municipality fire code requirements. OSHA standard 29 CFR 1910.106(e) allows up to 25 gallons of Category 1 flammable liquids in containers, 120 gallons of Category 2, 3 or 4 flammable liquids in containers and 660 gallons of Category 2, 3, or 4 flammable liquids in a single portable tank outside of an inside storage room or storage cabinet in a building or in any one fire area (fire resistance rating of at least one hour) of a building. I would certainly recommend that employers with flammable liquids utilize a flammables storage cabinet especially in an unprotected (non-sprinkler) structure, however many employers will use the cabinets to store non-flammable liquids and other ordinary industrial supplies.

Do I need to have a written Emergency Action Plan?

An employer must have an emergency action plan whenever an OSHA standard requires one. The best resource for determining whether an employer is required to develop and implement an EAP would be OSHA Compliance Directive CPL 2-1.037 Compliance Policy for Emergency Action Plans and Fire Prevention Plans. Employers who are required to comply with 1910.157 Portable Fire Extinguishers (most building codes require portable fire extinguishers and the use of flammable liquids requires fire control equipment) and require all employees to evacuate during a fire emergency or where some employees fight fire but others evacuate are required to develop an EAP. OSHA has a link under the Expert Advisors section of the E-tools, (https://www.osha.gov/SLTC/etools/evacuation/require_eap.html) that will allow an employer to answer a series of questions that will then tell the employer whether or not they are required to develop an EAP. Within the same section there is a link (<https://www.osha.gov/SLTC/etools/evacuation/expertsystem/default.htm>) that will allow an employer to develop a written EAP.

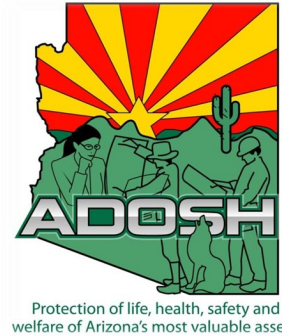
Can I repair my electrical cord?

In general you can repair any cord so long that it is allowed by the manufacturer . If allowed it will have to follow the same manufacturer's recommendations and limitations for repair and brought up to the same UL specifications as intended. There are several OSHA Letters of Interpretation that address this question that ADOSH follows. The links are; (<https://www.osha.gov/laws-regs/standardinterpretations/2010-04-04>) and (<https://www.osha.gov/laws-regs/standardinterpretations/2014-04-18-0>)

We use double insulated tools with two prong cord connectors. From time to time the plug end is damaged and we replace them with a three prong cord end. Is this acceptable?

No, replacing a double insulated tool two prong cord end with a three prong cord end would defeat the tool's safety measure. I assume by stating a three prong cord end would mean that a ground prong was added where the original cord did not require one. This is due to the tool's design as a double insulated tool which does not require a ground prong. There are a few OSHA Letters of Interpretation that address this practice. The links are; (<https://www.osha.gov/laws-regs/standardinterpretations/2009-03-16-1>) and (<https://www.osha.gov/laws-regs/standardinterpretations/2003-05-19>)

If you or your workforce have questions on these answers, please feel free to contact us using our ADOSH Comments email address, comments@azdosh.gov, or call us at (602) 542-5795. Our Compliance Assistance and Consultation Staff are ready to help!



ADOSH Cooperative Programs

Starting a new business is never easy and having a safety and health program in place that meets the OSHA standards is an extremely important part of the process. Employers of all sizes struggle with how to implement a safety and health program. We would like all employers, regardless of their size, to always consider our **free** Cooperative Programs. Consultative Programs are designed to work with employers and employees with little to no safety knowledge, to those with a high degree of safety knowledge. Our programs consist of Partnerships, the Safety and Health Achievement Recognition Program (SHARP), and the Voluntary Protection Program (VPP).

Employers that take part in these cooperative programs see a decrease in workplace injuries, an increase in workplace knowledge of the hazards associated with their industry, increased productivity, increased communication between management and employees, and increased knowledge of how to abate hazards once discovered.

If you would like more information on our Cooperative Programs, please call ADOSH at (602) 542-5795.

Employers in a Partnership, SHARP, or VPP program with ADOSH (Partial List)

Cintas Corporation / Frito Lay / Honeywell Aerospace / Central Arizona Project / APS Palo Verde Generating Station / Maricopa Integrated Health System / Pulte Homes / Cullum Homes / 3G Construction / Brewer Companies / United Construction Group / Pete King Construction / McCarthy Building Companies / AECOMM Hunt / Kitchell Contractors / MI Windows & Doors / Johns Manville / Maracay Homes / Integrated Lathe and Plaster / America Roofing / Diversified Roofing / Haskins Electric / La Paz County / Navajo County / City of Nogales / City of Peoria / City of Phoenix / City of Goodyear



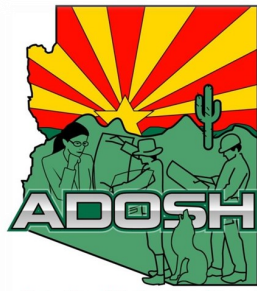


ADOSH Education and Training Calendar

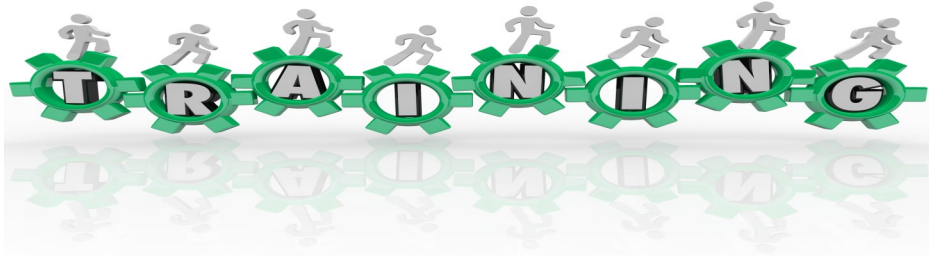
August 2019

8/1/2019	9am - 12pm	General Industry Hazard Recognition	4343 S Ave 5 1/2	Yuma	Javier	520-628-5478
8/7/2019	8:30am - 11:30am	Machine Guarding Awareness	2675 E Broadway Blvd	Tucson	Javier	520-628-5478
8/8/2019	8:30am - 11:30am	Excavation Safety Awareness	2675 E Broadway Blvd	Tucson	Javier	520-628-5478
8/13/2019	8:30am - 11:30am	Accident Investigation	2675 E Broadway Blvd	Tucson	Javier	520-628-5478
8/13/2019	9am - 12pm	OSHA Ergonomics	WEBINAR	Phoenix	Jeff	602-542-1769
8/15/2019	9am - 12pm	General Industry Hazard Recognition	800 W Washington St	Phoenix	Jeff	602-542-1769
8/20/2019	9am - 12pm	Managing OSHA Written Programs	800 W Washington St	Phoenix	Jeff	602-542-1769
8/22/2019	9am - 12pm	Bloodborne Pathogens	800 W Washington St	Phoenix	Jeff	602-542-1769
8/27/2019	9am - 12pm	Silica in Construction & General Industry	1500 E Cedar Ave Ste 86	Flagstaff	Jeff	602-542-1769

To register for a class please feel free to call the number associated with the class or register at www.ezregister.com/promoters/1607



Protection of life, health, safety and
welfare of Arizona's most valuable assets.



ADOSH Education and Training Calendar

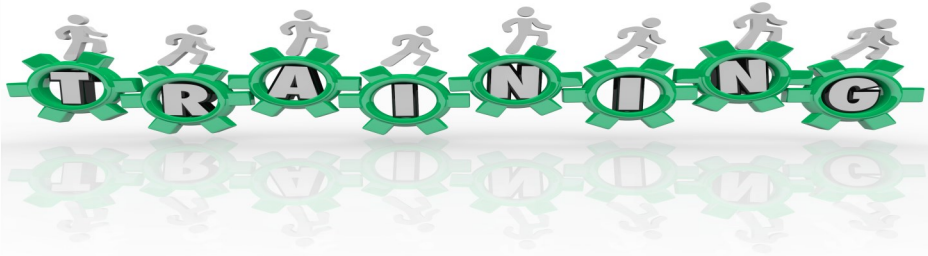
September 2019

9/5/2019	9am - 12pm	General Industry Hazard Recognition	2675 E Broadway Blvd	Tucson	Javier	520-628-5478
6/7/2019	9am - 12pm	Crane Safety Awareness	WEBINAR	Phoenix	Jeff	602-542-1769
9/10/2019	8:30am - 11:30am	Workplace Violence	802 E 46th St	Tucson	Javier	520-628-5478
9/10/2019	9am - 12pm	Forklift Train the Trainer	800 W Washington St	Phoenix	Jeff	602-542-1769
9/10/2019	1pm - 4pm	Fall Protection Awareness	802 E 46th St	Tucson	Javier	520-628-5478
9/12/2019	8:30am - 11:30am	Lockout/Tagout Awareness	2675 E Broadway Blvd	Tucson	Javier	520-628-5478
9/12/2019	9am - 12pm	Machine Guarding	WEBINAR	Phoenix	Jeff	602-542-1769
9/17/2019	8:30am - 11:30am	Forklift Train the Trainer	2675 E Broadway Blvd	Tucson	Javier	520-628-5478
9/17/2019	9am - 12pm	Confined Space Safety	WEBINAR	Phoenix	Jeff	602-542-1769
9/19/2019	9am - 12pm	Shop Safety and Power Tools	1100 E Thornton Rd	Show Low	Jeff	602-542-1769
9/24/2019	9am - 12pm	Machine Guarding Awareness	1450 N Hohokam Rd	Nogales	Javier	520-628-5478
9/25/2019	9am - 12pm	What PPE is Required by OSHA	775 E Main St	Florence	Javier	520-628-5478
9/30/2019	9am - 12pm	Material Handling Safety for Fleets	TBD	Phoenix	Jeff	602-542-1769

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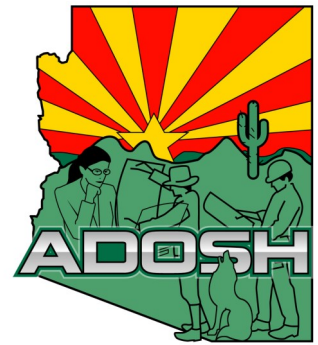
ADOSH Education and Training Calendar

October 2019

October 2019						
10/2/2019	9am - 12pm	General Industry Hazard Recognition	1415 E Melody Ave	Bisbee	Javier	520-628-5478
10/3/2019	8:30am - 11:30am	Respiratory Protection	2675 E Broadway Blvd	Tucson	Javier	520-628-5478
10/8/2019	9am - 12pm	General Industry Hazard Recognition	800 W Washington St	Phoenix	Jeff	602-542-1769
10/9/2019	9am - 12pm	Ergonomics and Back Injuries	4343 S Ave 5 1/2	Yuma	Javier	520-628-5478
10/9/2019	1pm - 4pm	Confined Space Awareness	4343 S Ave 5 1/2	Yuma	Javier	520-628-5478
10/10/2019	8:30am - 11:30am	General Industry Hazard Recognition	1090 E Union St	San Luis	Javier	520-628-5478
10/10/2019	9am - 12pm	Forklift Train the Trainer	1500 E Cedar Ave Ste 86	Flagstaff	Jeff	602-542-1769
10/10/2019	12:30pm - 3:30pm	General Industry Hazard Recognition (Spanish)	1090 E Union St	San Luis	Javier	520-628-5478
10/15/2019	9am - 12pm	OSHA 300 Recordkeeping	800 W Washington St	Phoenix	Jeff	602-542-1769
10/16/2019	8:30am - 11:30am	Occupational Noise Exposure	2675 E Broadway Blvd	Tucson	Javier	520-628-5478
10/17/2019	9am - 12pm	Managing OSHA Written Programs	800 W Washington St	Phoenix	Jeff	602-542-1769
10/22/2019	9am - 12pm	Silica in General Industry and Construction	800 W Washington St	Phoenix	Jeff	602-542-1769
10/24/2019	8:30am - 11:30am	OSHA 300 Recordkeeping	2675 E Broadway Blvd	Tucson	Javier	520-628-5478
10/24/2019	9am - 12pm	Electrical Safety	WEBINAR	Phoenix	Jeff	602-542-1769
10/30/2019	8:30am - 11:30am	Ergonomics and Back Injuries	2675 E Broadway Blvd	Tucson	Javier	520-628-5478

To register for a class please feel free to call the number associated with the class or register at www.ezregister.com/promoters/1607

Pima Community College Tucson Safety Summit



Protection of life, health, safety and welfare of Arizona's most valuable assets.



Do You Want to Host a Safety Summit?

ADOSH is always interested in finding new partners for safety summits and other training events.

As part of our mission, we provide training to as many employees and employers as possible. One way that we accomplish this is by holding safety summits and regional outreach training throughout the state. This training is provided completely free of charge to attendees.

If you are interested in partnering with ADOSH to hold an event in your area, please contact ADOSH:

Jessie Atencio - Director
(602) 542-5726
jessie.atencio@azdosh.gov

Steve Morgan - Asst. Director
(602) 542-1694
steven.morgan@azdosh.gov

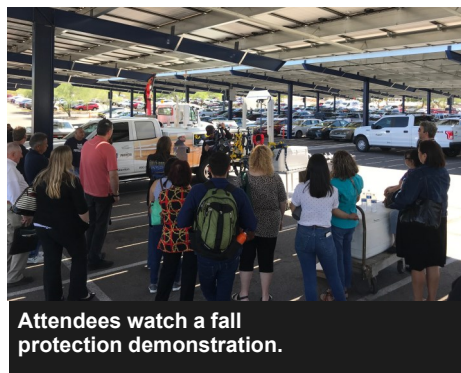
ADOSH & Pima Community College partnered for a safety summit in Tucson on May 29 & 30. With nearly 200 attendees, the event was a great success!



John Drebing delivers the keynote presentation at the opening of the summit.



Troopers Holmes & Chruscinski from DPS demonstrate "Rollover Randy", their rollover simulator.



Attendees watch a fall protection demonstration.



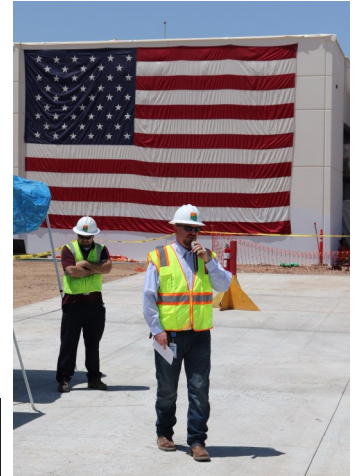
Attendees watch a scaffolding safety presentation.

ADOSH 2019 National Safety Stand-Down Event

The ADOSH National Safety Stand-Down event for 2019 was a great success. ADOSH representatives visited numerous workplaces throughout the state and spoke to thousands of employees on the importance of fall protection in the workplace. Taking place May 6-10, ADOSH helped to add positive information to the construction and general industry employers who invited them out to participate.



ADOSH Assistant Director Steve Morgan addresses the employees at Hensel Phelps Maricopa County ITR Project.



ADOSH Director Jessie Atencio greets the employees at McCarthy Building Companies in Chandler.



ADOSH Compliance Assistance Supervisor Brandon Stowell visits with Hensel Phelps Intel Project employees.



Maracay Homes conducts a ladder safety & fall protection demonstration for employees in Chandler.

Employees attending a stand-down for safety event.





Prudential Overall Supply - Mesa Cleanroom Achieves VPP



Brandon Stowell, ADOSH Compliance Assistance Supervisor, presents a plaque and Arizona VPP Star Flag to Prudential employees.

Honeywell Aerospace Tucson Celebrates VPP Recertification

Representatives from ADOSH attended Honeywell's VPP Recertification celebration on May 1, in Tucson



Francisco Mendoza, ADOSH Consultation Supervisor, addresses the employees at Honeywell Tucson.

SHARP Signings



Concrete Designs Inc Recertified as SHARP on May 1.



Never Heard About the SHARP Program?

ADOSH offers the Federal OSHA Safety and Health Achievement Recognition Program (SHARP), to small and mid-sized businesses.

The SHARP program recognizes employers that have an advanced safety and health program that includes safety and health management systems.

To be considered for the program your company must meet the following requirements:

- Maintain injury and illnesses at or below the National Average for your NAICS according to the most current Bureau of Labor Statistics
- Have no more than 250 employees in Arizona and no more than 500 nationwide.
- Maintain a safety and health management system where employees and management are involved.
- Achieve a 2 or better on the Federal OSHA Form 33.

If you or your staff would like to know more about this free exemplary program, please contact the ADOSH Consultation office: (855) 268-5251



ARIZONA DIVISION OF OCCUPATIONAL SAFETY AND HEALTH



Protection of life, health, safety and
welfare of Arizona's most valuable assets.

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Jessie Atencio, ADOSH Director

Contact Us

We're on the Web!
www.azdosh.gov

ADOSH ADVOCATE

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