

# FREE ADOSH Training Classes Jan—Mar 2016

Registration for each class begins 30 days prior to the date of the class. Most classes are free of charge but are subject to change or cancellation with out notice. Some classes or seminars listed are not exclusively sponsored by ADOSH and may carry a nominal fee to cover the costs of course materials, space or equipment rental, etc. **NOTE: The phone number or web address listed for each class is the number that participants need to call for class questions and are not direct numbers to the ADOSH trainer. Please register on-line at [www.ezregister.com/promoters/1607](http://www.ezregister.com/promoters/1607) Registration Problems? Call 602-542-1769**

## JANUARY 2016 On-line Registration Required

1/12/2016	9:00 - 12:00	Excavation Safety Awareness	199 S 6th St. (Public Safety Bldg)	Cottonwood	Mandeville	602-542-1769	C Trujillo
1/12/2016	1:30 - 3:30	Confined Spaces in Construction	199 S 6th St. (Public Safety Bldg)	Cottonwood	Mandeville	602-542-1769	C Trujillo
1/14/2016	7:00 - 10:00	ADOSH/ADEQ Lead Paint Hazards	155 W 14th St. - Public Works	Yuma	Coleman	928-373-4500	M Hernandez
1/20/2016	9:00 - 12:00	OSHA 300 Recordkeeping	800 W Washington St.	Phoenix	Mandeville	602-542-1769	C Trujillo
1/21/2016	9:00 - 12:00	Fall Protection in Construction	800 W Washington St.	Phoenix	Mandeville	602-542-1769	C Trujillo
1/26/2016	9:00 - 12:00	OSHA 300 Recordkeeping	2675 E Broadway Blvd	Tucson	Coleman	520-628-5478	S Sinohui
1/27/2016	9:00-10:30	Fall Protection in Construction (Webinar)	WEBINAR ONLY	Tucson	Coleman	520-628-5478	S Sinohui
1/27/2016	3:00 - 5:00	General Industry Hazard Recognition	21 East Wilcox Drive	Sierra Vista	Ornelas	520- 458-6940	A. Wilson
1/28/2016	9:00 - 12:00	Fall Protection in Construction	2675 E Broadway Blvd	Tucson	Coleman	520-628-5478	S Sinohui
1/28/2016	9:00 - 12:00	OSHA 300 Recordkeeping	800 W Washington St.	Phoenix	Mandeville	602-542-1769	C Trujillo

## FEBRUARY 2016 On-line Registration Required

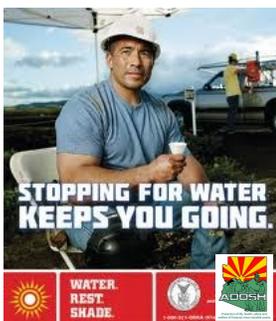
2/2/2016	9:00 - 12:00	Confined Spaces in Construction	2675 E Broadway Blvd	Tucson	Ornelas	520-628-5478	S Sinohui
2/3/2016	9:00 - 10:30	Confined Spaces in Construction (Webinar)	WEBINAR ONLY	Phoenix	Carnevale	602-542-1769	C Trujillo
2/4/2016	8:00 - 12:00	Forklift Train-the-Trainer	800 W Washington St.	Phoenix	Mandeville	602-542-1769	C Trujillo
2/4/2016	9:00 - 12:00	Machine Guarding	2675 E Broadway Blvd	Tucson	Ornelas	520-628-5478	S Sinohui
2/9/2016	9:00 - 12:00	Accident Investigation	2675 E Broadway Blvd	Tucson	Ornelas	520-628-5478	S Sinohui
2/10/2016	9:00 - 12:00	Lockout/Tagout	2675 E Broadway Blvd	Tucson	Ornelas	520-628-5478	S Sinohui
2/10/2016	9:00 - 12:00	Killer Fatigue: Sleep and Safety	800 W Washington St.	Phoenix	Mandeville	602-542-1769	C Trujillo
2/12/2016	9:00 - 12:00	Accident Investigation	800 W Washington St.	Phoenix	Mandeville	602-542-1769	C Trujillo
2/16/2016	9:00 - 12:00	Forklift Train-the-Trainer	2675 E Broadway Blvd	Tucson	Ornelas	520-628-5478	S Sinohui
2/17/2016	9:00 - 10:30	Fall Protection in Construction (Webinar)	WEBINAR ONLY	Tucson	Coleman	520-320-5478	S Sinohui
2/17/2016	9:00 - 12:00	Forklift Train-the-Trainer (SPANISH)	2675 E Broadway Blvd	Tucson	Ornelas	520-628-5478	S Sinohui
2/18/2015	9:00 - 12:00	Fall Protection in Construction	800 W Washington St.	Phoenix	Mandeville	602-542-1769	C Trujillo
2/18/2016	9:00 - 12:00	Fall Protection in Construction	2675 E Broadway Blvd	Tucson	Coleman	520-628-5478	S Sinohui
2/19/2016	9:00 - 12:00	Supervisors: The Missing Safety Link	800 W Washington St.	Phoenix	Mandeville	602-542-1769	C Trujillo
2/23/2016	9:00 - 10:30	Confined Spaces in Construction (Webinar)	WEBINAR ONLY	Phoenix	Carnevale	602-542-1769	C Trujillo
2/23/2016	10:00 - 1:00	Forklift Train-the-Trainer (SPANISH)	800 W Washington St.	Phoenix	Ornelas	602-542-1769	C Trujillo

There is no charge for attending classes sponsored by ADOSH. An Attendance Certificate is given to each student however the certificate does not authorize any activity nor designate the attendee as a competent person in any workplace. Most ADOSH classes are "Awareness Level" classes, meaning that the instruction will introduce the attendee to the hazards associated with the topic discussed and the controls that can be used to minimize exposure or eliminate the hazards. Further instruction reflecting jobsite or workplace conditions must be included to provide training that meets OSHA Requirements. For complete training requirements consult the individual OSHA Standards or refer to the Training Requirements in OSHA Standards (Publication 2254) at <https://www.osha.gov/Publications/osha2254.pdf>. March →



## MARCH 2016 On-line Registration Required

3/1/2016	9:00 - 12:00	OSHA Compliance for Assisted Living Facilities	2675 E Broadway Blvd	Tucson	Ornelas	520-628-5478	S Sinohui
3/3/2016	9:00 - 12:00	Bloodborne Pathogens and Emerging Diseases	2675 E Broadway Blvd	Tucson	Ornelas	520-628-5478	S Sinohui
3/8/2016	9:00 - 12:00	Confined Spaces in Construction	2675 E Broadway Blvd	Tucson	Ornelas	520-628-5478	S Sinohui
3/9/2016	10:00 - 1:00	Confined Spaces in Construction	800 W Washington St	Phoenix	Ornelas	602-542-1769	C Trujillo
3/11/2016	9:00 - 12:00	OSHA Compliance for Assisted Living Facilities	800 W Washington St	Phoenix	Mandeville	602-542-1769	C Trujillo
3/16/2016	9:00 - 10:30	Fall Protection in Construction (Webinar)	WEBINAR ONLY	Tucson	Coleman	520-628-5478	S Sinohui
3/16/2016	9:00 - 12:00	Warehouse Safety/Materials Handling	2675 E Broadway Blvd	Tucson	Ornelas	520-628-5478	S Sinohui
3/17/2016	9:00 - 12:00	Fall Protection in Construction	2675 E Broadway Blvd	Tucson	Coleman	520-628-5478	S Sinohui
3/17/2016	9:00 - 12:00	Fall Protection in Construction	800 W Washington St	Phoenix	Mandeville	602-542-1769	C Trujillo
3/18/2016	9:00 - 12:00	Bloodborne Pathogens and Emerging Diseases	800 W Washington St	Phoenix	Mandeville	602-542-1769	C Trujillo
3/25/2016	8:00 - 12:00	Forklift Train-the-Trainer	197 Jaegeron Ave (MCC)	Kingman	Mandeville	602-542-1769	C Trujillo



**Looking Ahead...** ADOSH will offer **"Water, Rest, Shade"** training at each scheduled safety training class beginning in April. Full 3-hour classes on Heat Stress and Haboob Safety will be offered through spring, summer and early fall months to remind employers and employees of the hazards of working in hot environments, the need to hydrate and how lifestyle choices can put them at risk for heat related illness, even heat stroke. Signs and symptoms of heat stress are discussed and the requirements for employers to provide protection through engineering, work practice or personal protective equipment controls. The Haboob Safety portion will address the hazards associated with working and driving during a dust storm and the need to train employees regarding the hazard of contracting Valley Fever, a fungus caused respiratory and systemic illness. See you in class! JM

## Register online at [www.ezregister.com/promoters/1607](http://www.ezregister.com/promoters/1607)

**NOTES: EZRegister Instructions:** Just type in [www.ezregister.com/promoters/1607](http://www.ezregister.com/promoters/1607) in your URL address bar and enter. All of ADOSH's classes will be listed and you can click on the class you want to attend. Fill in the form and save it to your calendar! Simple and time-saving. If there are any changes we will let you know. Webinars are scheduled and when you sign up for the class, a return email will include materials for the class and log-on information. Please register early for training classes and leave contact information. Some classrooms may be limited in size and will require us to limit enrollment. If there are not enough enrolled for the class (10 or more) or if there is an unexpected emergency or illness, the class may be cancelled. While ADOSH tries to contact each student in the event of a cancellation, we encourage you to call the day before the class to confirm that the class will still be held as scheduled. **Call the number listed on the roster.**

Finally, please be courteous during cold and flu seasons and do not attend the class if you are suffering symptoms of illness. Viruses are highly contagious and we want to keep all students and instructors healthy during all times of the year. *See you in class!*

### 800 W Washington Street Phoenix, AZ 85007

I-10 Freeway to 7th Ave Turn south onto 7th Ave  
Continue to Washington Street and turn West  
Proceed 1.5 blks to 800 W. Washington St  
Parking on West side of bldg. & roof of parking garage.



### 2675 E Broadway Blvd Tucson, AZ 85617

I-10 Freeway  
Take exit 258 toward Broadway Blvd/Congress Street  
Continue approx 2.5 miles to 2675 E Broadway Blvd.  
Parking at rear of building

