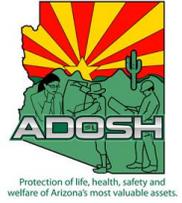




THE INDUSTRIAL COMMISSION OF ARIZONA

DIVISION OF OCCUPATIONAL SAFETY & HEALTH

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FOR IMMEDIATE RELEASE

Date: April 29, 2011
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ADOSH REMINDS EMPLOYERS OF THE DANGERS OF HEAT-RELATED ILLNESSES

Phoenix – The Arizona Division of Occupational Safety and Health (ADOSH) reminds Arizona employers, particularly those in the desert valleys, of the hazards associated with working outdoors in high temperatures. As higher temperatures arrive with the approaching summer months, it is especially important that employers ensure that their employees are aware of the dangers associated with heat-related illnesses, the signs and symptoms associated with such illnesses and steps they can take to prevent them from occurring.

ADOSH standards require that employers provide sufficient cool drinking water for employees. In addition to providing drinking water, other precautions can also be taken to minimize the chances of employees suffering from heat illnesses. Shade structures can be erected and employees can be encouraged to take breaks, as necessary. Employees can also be encouraged to wear appropriate clothing and a sun blocking agent as further protection.

The federal Occupational Safety and Health Administration's web site contains additional information that can be a valuable resource for employers and employees looking for ways to prevent heat illnesses. That information can be accessed at <http://www.osha.gov/SLTC/heatillness/index.html>. For additional information about this or other occupational safety and health topics, ADOSH can be reached at 602-542-5795.

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