



The On-site Consultation Project Won an Award!

For many years now the ADOSH Consultation and Outreach Department has been working with small and mid-size businesses to improve their overall safety culture. Requests from employers deal with safety and health program development or on-site training, but the majority of requests are for a full on-site evaluation that is without penalty or citation. Regardless of the request from an employer, we continue to market our services to ensure businesses in Arizona understand what can be accomplished through proactive measures and ways we can partner together.

Recently, one of those partnerships was recognized by the National OSHA office, specifically the Directorate of Cooperative State Programs. During our Annual OSHA On-site Consultation Conference.

The conference was held in May and during the last few days of the conference all On-site Consultation Project Managers and staff assembled for the reveal of the On-site Consultation Achievement Recognition (OSCAR) award winners. ADOSH was one of seven who received the award for our work in the public sector. We are honored to receive this award and will continue to create opportunities to collaborate with businesses to provide safer workplaces in Arizona.

If you and your employees would like to develop a similar partnership which adds value to your overall safety culture, please do not hesitate to contact our Phoenix or Tucson Consultation Department at: 1-855-268-5251.



Contact Information

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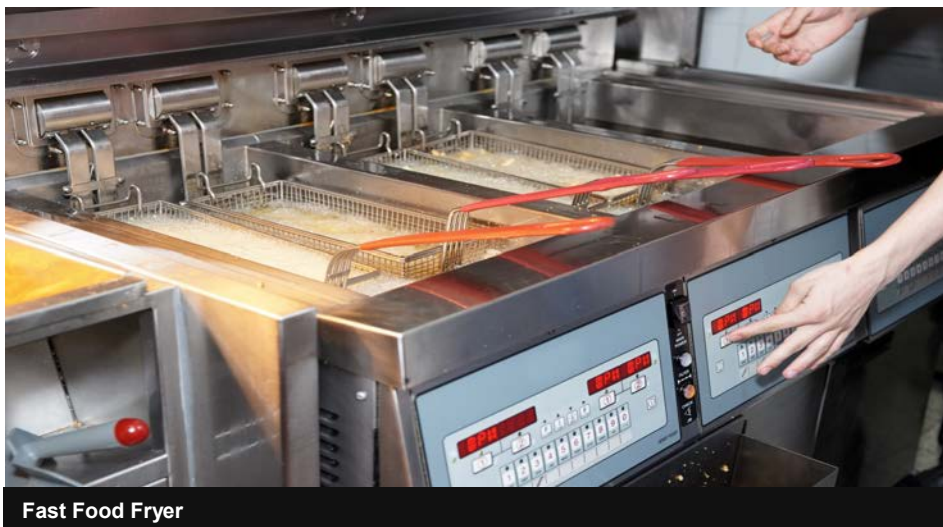
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Industrial Commission of Arizona



@IndCommAZ



Fast Food Fryer

In This Issue

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Using OSHA Heat App Has Never Been Easier!

The release of the Heat App by OSHA more than four years ago employers and employees have a tool that allows them to determine the heat index of their workplaces. Designed for Android and iPhone smart phones, the heat app comes with information and updates when working outside. The app is easy to download and is user friendly. ADOSH has promoted this technology to many outdoor working employers and employees. For more information on the app please visit: https://www.osha.gov/SLTC/heatillness/heat_index/heat_app.html

OSHA/ADOSH Standards Update

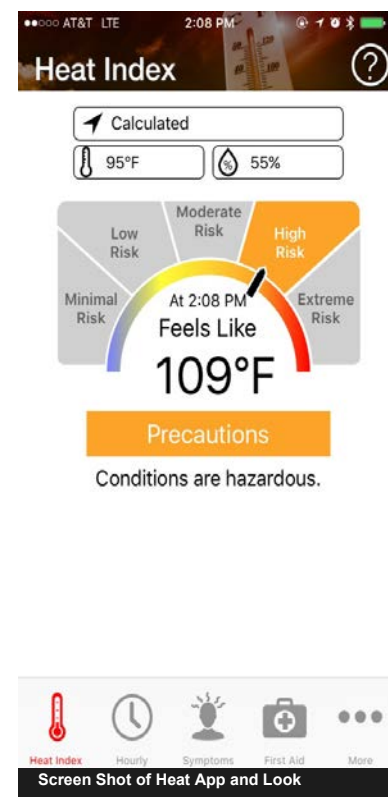
Protecting yourself from the sun can be somewhat difficult without a plan of action. While the temperature continues to rise, employers and employees should look for ways to plan outside activities during cooler parts of the day. If the activity cannot be rescheduled for an earlier time, it is important that the employer communicates to his/her employees the signs and symptoms of heat stress. This along with providing water, rest, and shade can help prevent an employee from sustaining potentially fatal injuries like heat strokes.

Recordkeeping

ADOSH is still in the process of adopting the requirement for employers in Arizona to submit injury/illness reports electronically using the Federal OSHA portal. However we encourage all employers to be proactive with their logs and ensure that they are up-to-date with the most current information. Recently ADOSH Adopted the requirement for employers to submit their information electronically. The information needed to be submitted is only the OSHA 300A portion of the log.



In August, ADOSH will be promoting employers who have implemented a safety and health program for their workplace. As part of the national Safe and Sound Campaign, ADOSH and OSHA will be observing August 13—19, 2018, as the official dates for recognizing employers with safety and health management systems that go above and beyond Industry Standards. This year we will be working with several companies within our ADOSH Roofing Alliance to demonstrate programs they use to keep everyone involved with the safety culture.



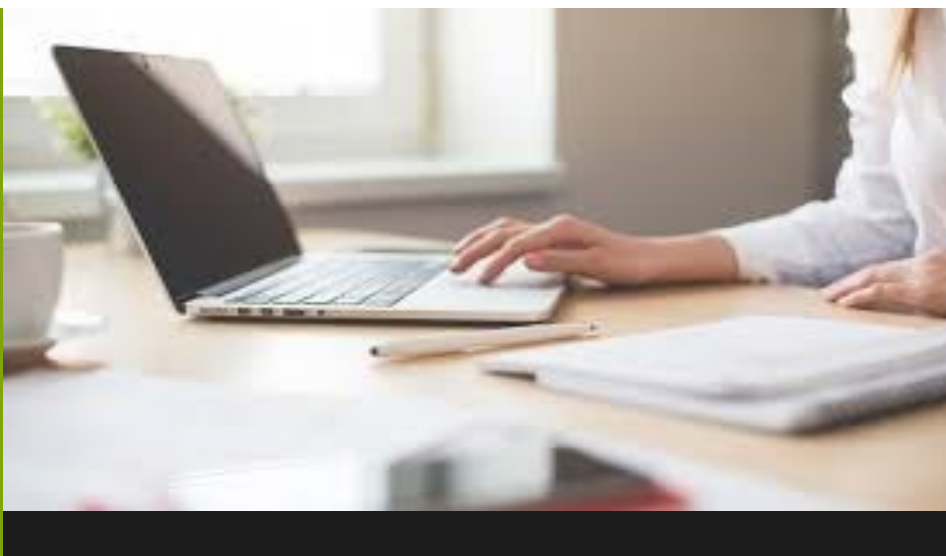
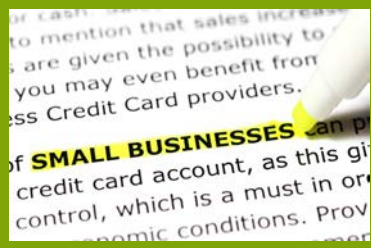
Silica Has Been Adopted

In the past year ADOSH has provided articles related to Silica and how to prevent exposure to employees. In addition to the articles, the ADOSH Consultation Department has been working with employers in the construction industry to identify silica exposures. Employers either used engineering controls or personal protective equipment. As of July 23, 2018, ADOSH received the written notification that the rule was adopted.

At this time, we would like to encourage any employers who may have questions or would like to have an Industrial Hygiene consultant visit your jobsite to determine what hazards are present call either our Phoenix or Tucson office. Our staff can help with program development and monitoring for **free**.

Phoenix Office: 602-542-1769

Tucson Office: 520-628-5478



ADOSH Frequently Asked Questions

Routinely ADOSH Consultation receives calls or questions regarding the OSHA standards and how ADOSH interprets them. We at ADOSH felt that this was a good time to release some of the most common questions received to ensure that everyone is on the same page:

Am I required to maintain the OSHA 300 Injury and Illness Record-keeping Log and 300 A Summary Form?

First, all employers with 10 or less full-time employees at any time during the last calendar year are not required to maintain the injury and illness logs unless OSHA or the BLS informs you in writing that you must keep records under 1904.41 or 1904.42.

Secondly, some employers with more than 10 full-time employees are partially exempt from recordkeeping because of their industry classification. OSHA uses what is called the NAICS (North American Industry Classification System) to classify what an employer does. NAICS codes (retail, service, finance, insurance and real estate) that are considered to have low hazard/low injury and illness rates by OSHA/Bureau of Labor Statistics are not required to maintain the injury and illness logs. From time to time the list of exempt NAICS codes change. The codes can be found at www.osha.gov under the "For Employers tab/Recordkeeping Requirements." If you have more than 10 full-time employees and your NAICS code is not partially exempt you have to maintain the 300, 300A and the 301 forms. Even if a company is exempt from the OSHA recordkeeping requirements I would recommend that the employer do so to track and analyze injury and/or illness trends.

Do I have to record an exposure to blood or other potentially infectious material?

Only if you are required to maintain the OSHA Injury and Illness Logs and the exposure results in the diagnosis of a blood borne illness such as HIV, Hepatitis B or Hepatitis C or it meets one or more of the recording criteria of 1904.7.

Am I required to maintain a sharps injury log?

The requirement to establish and maintain a sharps injury log shall apply to any

continued on page 5)



Did You Know the ICA Maintains a Medical Resource Office?

The Industrial Commission of Arizona will be highlighting different functions of our agency in every issue of the ADOSH Advocate. This is an opportunity for employers and employees to better understand what the ICA does and what resources are available to them.

The Medical Resource Office plays an important role in the workers' compensation community. Their responsibilities include administrative oversight for the Arizona Physicians and Pharmaceutical Fee Schedule, managing the evidence-based medicine (EBM) treatment guidelines, and answering questions and providing educational training regarding the Fee Schedule and Treatment Guidelines. Find out more about these responsibilities below.

Arizona Physicians' and Pharmaceutical Fee Schedule

The Commission is required to set "a schedule of fees to be charged by physicians, physical therapists or occupational therapists attending injured employees," and "for prescription medicines required to treat an injured employee." The Commission is required by statute to review this schedule of fees on an annual basis. Staff recommends updates to the Fee Schedule that are posted on the website in advance of a Public Hearing each year. Stakeholders are able to provide verbal and/or written comments during the Public Hearing process. After considering public comments and staff recommendations, and at a later public meeting, the Commissioners take official action on the Fee Schedule, which is incorporated in the Fee Schedule and becomes effective October 1st of each year.

Evidence-Based Medicine (EBM) Treatment Guidelines

In April 2012 Arizona lawmakers passed a law requiring the Industrial Commission to develop and implement a process for the use of EBM treatment guidelines, where appropriate, to treat injured workers. The Commission adopted Work Loss Data Institute's *Official Disability Guidelines* (ODG) and Drug Formulary for the management of chronic pain and the use of opioids for all stages of pain management which became effective October 1, 2016. The responsible use of EBM treatment guidelines is intended to improve the quality and outcomes of medical care, and to improve the efficiency and effectiveness of how medical care is provided to the injured employee. Effective October 1, 2018 the use of treatment guidelines will apply to all body parts and conditions.

Inquiries, Education and Training

MRO Staff are a resource for medical providers, injured employees, attorneys and claims professionals who may have questions about the Fee Schedule and the process for the use of medical treatment guidelines. MRO staff provide education and training for all stakeholders.

To learn more, visit www.ica.gov or call us at (602)542-6731.

ADOSH Fatality Update

In the past quarter ADOSH has investigated multiple accidents that resulted in a workplace fatality. They ranged from falls to an employee pinned between two trucks. We would like all employers and employees to understand that these accidents are preventable. We provide this information to the public for general knowledge.

- An employee fell 30' from a residential roof.
- An employee was operating a drill rig, when the ground collapsed around a 10' wide hole. The employee fell out of the rig and was trapped underneath the rig in the hole.
- An employee passed out and fell. He had been working throughout the day.



VPPPA Region IX Conference

ADOSH participated in the annual VPPPA Region IX Conference in San Diego, California. This year there were over 365 attendees representing more than 60 VPP Star sites and another 25 attempting the challenge.

ADOSH provided an Arizona breakout session and update on the state of our VPP and C-VPP programs. There were more than 80 attendees in the session and many wanted to know what areas of improvement they should look forward to in 2018. Incentive programs, walking working surfaces, confined space in construction, fall protection, and machine guarding were most of the items discussed.

Additionally, the attendees wanted to know how they could become more involved with the upcoming VPP audits. A list of upcoming audits were provided to all sites with Special Government Employees (SGEs) so that they may submit a candidate for consideration.

This year a special Leadership Discussion session was created for all attendees. The leadership discussion featured exemplary leaders from five VPP Star sites. They were each asked questions by a moderator and the audience. The overall experience was a great break from the normal session classes.



Continued from page 3.

employer who is required to maintain a log of occupational injuries and illnesses under 29 CFR 1904. The employer shall establish and maintain a sharps injury log for the recording of percutaneous injuries from contaminated sharps. The information in the sharps injury log shall be recorded and maintained in such manner as to protect the confidentiality of the injured employee.

Am I required to have a flammables storage cabinet?

An employer may be required to store flammable liquids in a flammables storage cabinet based on the authority having jurisdiction, i.e. Fire Marshall or local municipality fire code requirements. OSHA standard 29 CFR 1910.106(e) allows up to 25 gallons of Category 1 flammable liquids in containers, 120 gallons of Category 2, 3 or 4 flammable liquids in containers and 660 gallons of Category 2, 3, or 4 flammable liquids in a single portable tank outside of an inside storage room or storage cabinet in a building or in any one fire area (fire resistance rating of at least one hour) of a building. I would certainly recommend that employers with flammable liquids utilize a flammables storage cabinet especially in an unprotected (non-sprinkler) structure, however many employers will use the cabinets to store non-flammable liquids and other ordinary industrial supplies.

Do I need to have to have a written Emergency Action Plan?

An employer must have an emergency action plan whenever an OSHA standard requires one. The best resource for determining whether an employer is required to develop and implement an EAP would be OSHA Compliance Directive CPL 2-1.037 Compliance Policy for Emergency Action Plans and Fire Prevention Plans. Employers who are required to comply with 1910.157 Portable Fire Extinguishers (most building codes require portable fire extinguishers and the use of flammable liquids requires fire control equipment) and require all employees to evacuate during a fire emergency or where some employees fight fire but others evacuate are required to develop an EAP. OSHA has a link under the Expert Advisors section of the E-tools, (https://www.osha.gov/SLTC/etools/evacuation/require_eap.html) that will allow an employer to answer a series of questions that will then tell the employer whether or not they are required to develop an EAP. Within the same section there is a link (<https://www.osha.gov/SLTC/etools/evacuation/expertsystem/default.htm>) that will allow an employer to develop a written EAP.

If you or your workforce have additional questions similar questions like those answered above, please feel free to contact us using our ADOSH Comments email address. Our Compliance Assistance and Consultation Staff are ready to help!



**ADOSH NATIONAL STAND
DOWN EVENT 2018**

*"Working with Businesses to
Reduce Fall Hazards in the
Workplace"*

May 7th—11th

**ADOSH and the ICA Chairman's
Roofers Alliance**

NATIONAL STAND DOWN EVENT 2018

*"Working With Roofing
Contractors To Prevent Falls"*



ADOSH Roofers Alliance and Construction Stand-Down Stickers

ADOSH National Stand-Down Event

The ADOSH National Stand-Down event for 2018 was a great success. The ICA Chairman, Dale Schultz, and ADOSH Director, Jessie Atencio, visited more than 15 workplaces which took the time to plan and train employees on the importance of fall protection in the workplace. Taking place May 7th—11th, Chairman Schultz and Director Atencio helped to add positive information to the construction and general industry employers who invited them out to participate. The two spoke about the constant need for communication on a jobsite. Together the employer and employees would be able to

solve the problems quickly and limit down time from work. This year all sites were presented with a framed letter showing our support of their involvement during the Stand-Down week.



ICA Chairman Dale Schultz and Metric Roofing Safety Director Gustavo Portillo address the employees on the importance of ladder safety.



ICA Chairman Dale Schultz greets the Tempe McCarthy jobsite employees and trades.



ADOSH IDirector Jessie Atencio visits with the AECOM/ Austin Joint Venture Project at Phoenix Sky Harbor



ICA Chairman Dale Schultz addresses the America Roofing leadership and employees at their 5:00 a.m. Stand-Down meeting.

Something new for the Stand-Down Events

During the May Stand-Down events, the ICA Chairman and ADOSH Director were asked to participate in a mass training event held at Diversified Roofing's main office in Phoenix. The event was attended by all employees and a variety of topics on safety were discussed. What was unique during this Stand-Down event was that the Superintendents for the company were asked to speak about a safety topic and deliver it in both English and Spanish. The result was amazing as employees could see their Superintendents speak about safety in a large setting. Employees commented to us that they enjoyed that type of delivery from the traditional way. We thought it was unique and great to see new delivery



Diversified Roofing Superintendents deliver safety training during the Stand-Down week.



UEB Construction held a large downtown Stand-Down Event. ICA Chairman Dale Schultz and Director Jessie Atencio were joined by site safety reps from several companies on the jobsite. Each employee was thanked for their support of the safety efforts and provided a letter signed by the Chairman and the Director of ADOSH.



Hensel Phelps employees and trades stand in front of a large USA flag for a photo at the Maricopa County Improvement Project.



ICA Chairman Dale Schultz and Hensel Phelps Safety Director Larry Wright address more than 200 trade employees on the last day of the Stand-Down week.



Protection of life, health, safety and welfare of Arizona's most valuable assets.



ADOSH Education and Training Calendar

August 2018

August 2018						
8/2/2018	9:00 - 12:00	Hazard Communication—GHS	510 E Florence St	Casa Grande	Javier DeEchavarri	520-628-5478
8/2/2018	1:00 - 3:00	Forklift Train-the-Trainer	510 E Florence St	Casa Grande	Javier DeEchavarri	520-628-5478
8/7/2018	8:30 - 11:30	Fall Protection	WEBINAR	Tucson	Javier DeEchavarri	520-628-5478
8/7/2018	9:00 - 12:00	Machine Guarding	WEBINAR	Phoenix	Jeff Wilson	602-542-1769
8/9/2018	8:30 - 11:30	Hazard Communication—GHS	TBA	Sierra Vista	Javier DeEchavarri	520-628-5478
8/9/2018	9:00 - 12:00	Electrical Safety Awareness	WEBINAR	Phoenix	Jeff Wilson	602-542-1769
8/28/2018	9:00 - 12:00	Construction Focused Four	800 W Washington St	Phoenix	Jeff Wilson	602-542-1769
8/30/2018	9:00 - 12:00	PPE Assement Training	800 W Washington St	Phoenix	Jeff Wilson	602-542-1769

ADOSH continues to process improve all areas of business. The Outreach Training section would like to know what other training topics would interest an employer or employees. During this quarter we will be updating our training outreach based on feedback we receive.



ADOSH Education and Training Calendar

September 2018

September 2018						
9/11/2018	9:00 - 12:00	General Industry Hazard Awareness	TBA	Casa Grande	Javier DeEchavarri	520-628-5478
9/11/2018	9:00 - 12:00	Crane Safety Awareness	WEBINAR	Phoenix	Jeff Wilson	602-542-1769
9/12/2018	8:30 - 11:30	Excavation Awareness Training	2675 E Broadway Blvd	Tucson	Javier DeEchavarri	520-628-5478
9/13/2018	8:30 - 11:30	Ergonomic Awareness	2675 E Broadway Blvd	Tucson	Javier DeEchavarri	520-628-5478
9/13/2018	9:00 - 12:00	Scaffold Safety Awareness	800 W Washington St	Phoenix	Jeff Wilson	602-542-1769
9/17/2018	8:30 - 11:30	Confined Space GI/Construction	2675 E Broadway Blvd	Tucson	Javier DeEchavarri	520-628-5478
9/18/2018	9:00 - 12:00	Accident Investigation	800 W Washington St	Phoenix	Jeff Wilson	602-542-1769
9/20/2018	8:30 - 11:30	PPE Assessment Training	2675 E Broadway Blvd	Tucson	Javier DeEchavarri	520-628-5478
9/20/2018	9:00 - 12:00	Forklift Train-the-Trainer	TBA	Phoenix	Jeff Wilson	602-542-1769
9/25/2018	9:00 - 12:00	Hazard Communication—GHS	800 W Washington St	Phoenix	Jeff Wilson	602-542-1769
9/26/2017	9:00 - 12:00	Lockout - Tagout Principals	TBA	Nogales	Javier DeEchavarri	520-628-5478
9/27/2018	8:30 - 12:00	Aerial Lift & Ladder Awareness	2675 E Broadway Blvd	Tucson	Javier DeEchavarri	520-628-5478
9/27/2018	9:00 - 12:00	Confined Space GI/Construction	800 W Washington St	Phoenix	Jeff Wilson	602-542-1769

ADOSH Headed to Prescott for Safety Summit!

The Arizona Division of Occupational Outreach and Training department has a scheduled Safety Summit in the City of Prescott. We have been working with local leaders in the Prescott area to bring a two day summit for the many employers and employees in the area. This summit will take place at Embury Riddle University and within the Davis Learning Center. The summit is scheduled for August 15 and 16, 2018. At this time we will be offering two OSHA 10 hour classes. One for General Industry and the other for Construction. All OSHA 10 hour classes are first come first serve and require a payment of \$8 to the instructor of the class. All money received is used to purchase the employee cards through a third-party vendor.

Additionally, we will have many other classes that address silica, forklift training, recognizing hazards in the workplace, and more. Please sign-up for a class at: <http://ezregister.com/promoters/1607/>

For more information on the upcoming safety summit please contact either ADOSH Consultation Offices:

Phoenix: 602-542-1769

Tucson: 520-628-5478.



The Industrial Commission of Arizona



ICA on the Capitol Lawn Day

Another ICA on the Capitol Lawn Day Event in the Books!

The ICA and ADOSH hosted their annual event to remember those employees who lost their lives while working on the job and recognize employers, safety professionals, and students who make an impact on safety in their respective communities or companies. To help kick-off the event we had Arizona Legislative District 22 Representative David Livingston speak about how proactive safety measures help businesses and the State of Arizona. Following his speech, the ICA Executive Director, James Ashley, presented Representative Livingston with a golden hard hat. Soon after he received the hard hat, he donned it for the audience.

From that point employers in our Voluntary Protection Program, Safety and Health Achievement Recognition Program, and individual efforts for safety were recognized. For those employers and individuals we honored on April 12th, we thank you for taking the time to share your experiences and your safety measures put in place to keep your employees safe!



Top: Honeywell Aerospace, Honeywell International team members take a moment to visit with Vice President HSEPS Evan Van Hook.



Right: State Representative David Livingston proudly displays the ICA/ADOSH Golden Hard Hat awarded to him by ICA Executive Director James Ashley.

Right: State Representative David Livingston.





ICA on the Capitol Lawn Day





ICA on the Capitol Lawn Day



ICA Executive Leadership, Commissioners, and ADOSH.



Honeywell Aerospace Leadership, staff, ADOSH, and ICA.



Johns Manville Leadership, ADOSH, and ICA Executive Director.



Chris Hansen, City of Tempe, Tony Dominguez City of Chandler, ADOSH, and ICA Executive Director.



ASSE Student Oleakan Aponmade with MI Windows and Doors Representatives and Embry Riddle Professor Rustin Reed.



ABA President Mark Minter, AGC Safety Chair Chris Bagby, ABA Safety Chair Tom Melton.



City of Douglas Staff, ADOSH, and ICA Executive Director.

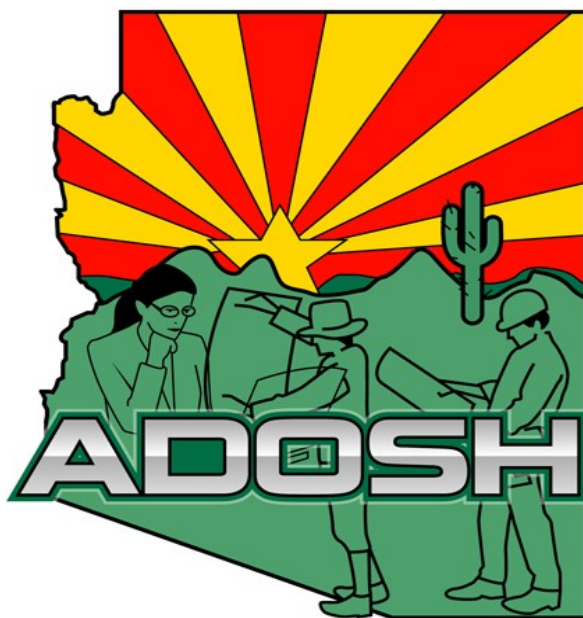


City of Chandler Safety Manager Tony Dominguez.



Another Partnership Program Participant!

At the close of June, the ADOSH Consultation Program added another Partnership Program participant. The company is Desert Coating Solutions and they were encouraged by their ADOSH Consultant to join one of our programs. These types of opportunities are always available for employers who want to be proactive in their safety and health management system. We at ADOSH would like all employers to consider the big step that Desert Coating Solutions has taken and watch them grow into a great company who has safety at all levels of employment.



Protection of life, health, safety and welfare of Arizona's most valuable assets.

Never Heard About the SHARP Program?

ADOSH offers the Federal OSHA Safety and Health Achievement Recognition Program (SHARP) to small and mid-sized businesses. The SHARP program recognizes employers that have an advanced safety and health program that includes safety and health management systems. In Arizona we have 25 SHARP sites that represent car dealerships to chemical processing plants.

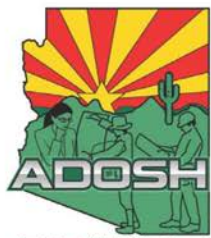
To be considered for the program your company must meet the following requirements:

- Maintain injury and illnesses at or below the National Average for your NAICS according to the most current Bureau of Labor Statistics.
- Have no more than 250 employees in Arizona and no more than 500 corporate wide.
- Maintain a safety and health management system where employees and management are involved.
- Achieve a 2 or better on the Federal OSHA Form 33.

If you and your staff would like to know more about this **free** exemplary program, please contact the ADOSH Consultation office at:

1-855-268-5251





Protection of life, health, safety and
welfare of Arizona's most valuable assets.

Arizona Division of Occupational Safety and Health

PRESCOTT SAFETY SUMMIT



August 15 - 16, 2018

8:00 a.m. - 3:30 p.m. (Wednesday)

8:00 a.m. - 11:30 a.m. (Thursday)

KEYNOTE PRESENTATIONS:

- "Using ADOSH Cooperative Program to Grow Your Business...Safely"

Jessie Atencio, ADOSH Director

- "The Magic of Safety Communication Version 2.0: Give Me ESP (Extraordinary Safety Powers)"

Nicole Sweeney and James Barrett, Raytheon Missile Systems

CLASSES:

- The Vicious Cycle of Self Made Hazards / OSHA 10 Hour General Industry / OSHA 10 Hour Construction / Ladder Safety / Industrial Hygiene Basics / Driver Safety / Preventing Sprains and Strains with Instinctive Movement System / OSHA Silica Updated / You Hired a Safety Professional...Now What / Electrical Safety Awareness / Where is the Hazard, Test Your Knowledge of OSHA Hazards / Forklift Safety Training / Bloodborne Pathogen Awareness / Hand Injury Prevention / Emergency Evacuation and Planning / Safety Done Right / OSHA Required Written Programs / OSHA 300 Log Recordkeeping / Completing a Hazard Assessment / Traffic Control Safety Awareness / Excavations

LOCATION:

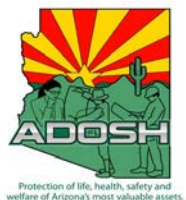
Embry-Riddle Aeronautical University - Davis Learning Center

3700 Willow Creek Rd

Prescott, Arizona 86301

Register for this **FREE** event at <http://ezregister.com/promoters/1607/>

ARIZONA DIVISION OF OCCUPATIONAL SAFETY AND HEALTH



800 W Washington St. Ste.,
200
Phoenix, AZ 85007

1-855-268-5251 Reception
602-542-1614 Fax

2675 E Broadway Blvd.,
Tucson, AZ 85716

520-628-5478 Reception
520-322-8008 Fax

Jessie Atencio, ADOSH Director

Contact Us

We're on the Web!
www.azdosh.gov

ADOSH ADVOCATE

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