



The Industrial Commission of Arizona Announces New Safety and Health Program Manager

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The Industrial Commission of Arizona (ICA), as the state agency charged with safeguarding the life, health, safety, and welfare of Arizona's workforce, places paramount importance on workplace safety. Demonstrating this unwavering commitment, the ICA's Phoenix office achieved Voluntary Protection Program (VPP) designation in October 2019. This was followed by the VPP designation of the ICA's Tucson office in July 2023. Further solidifying its dedication to safety excellence, the Phoenix office successfully underwent VPP recertification in July 2023, and most recently, the Tucson office received its VPP recertification in May of the current year.

Today, we are proud to announce Kara Dimas has been hired as the agency's Safety and Health Program Manager. She is tasked with managing the safety website for the Industrial Commission of Arizona, leading the Safety Committee, developing safety training for members of our agency, overseeing incident reporting, and ensuring the Industrial Commission of Arizona consistently retains its VPP status.



Kara has been with the agency for 20 years and served in many capacities, most recently as the Commission's Secretary. She has been actively engaged in the agency's Safety Committee since 2014 in various capacities. She provided critical support to the agency during the brief time the position was vacant and tirelessly participated in the VPP recertification of both offices, ensuring successful outcomes. In addition to her wealth of safety experience, she has completed multiple OSHA and FEMA courses. Please join us in congratulating Kara as she takes on this new role.

Regards,

The Industrial Commission of Arizona

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